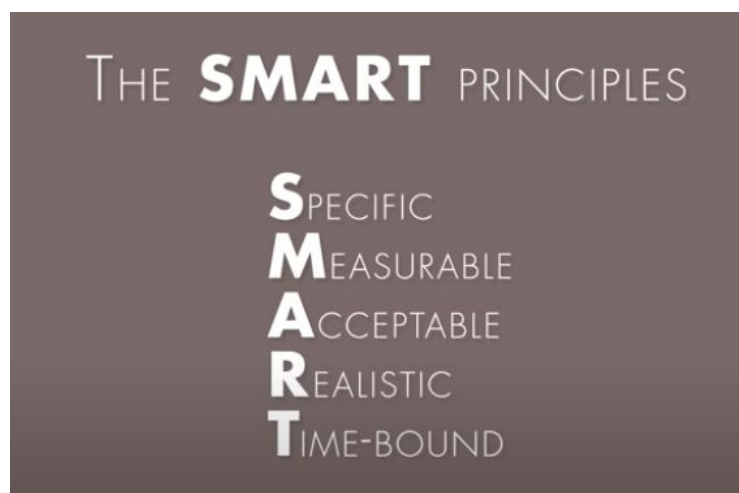


## Making an effective revision timetable



1. On your calendar, write in all things that you are already signed up to doing eg lessons, exams, social events
2. Add in time to relax - try to keep one day study-free
3. Now add your study times - remember that school exams start at 9am so it is a good idea to start your study times then so your brain is used to being awake, not asleep, at that time. Make sure the times you have written in are **acceptable** to yourself ie you are likely to stick to them.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING SWIMMING 07:00-08:00	MORNING	MORNING LECTURE 09:30-11:00	MORNING	MORNING	MORNING	MORNING
AFTERNOON STUDY GROUP 15:00-17:00 LECTURE 14:30-16:00	AFTERNOON	AFTERNOON STUDY GROUP 15:00-17:00	AFTERNOON EXAM 12:00-13:30 FITNESS 14:00-15:30	AFTERNOON LECTURE 12:00-14:00	AFTERNOON	AFTERNOON MATINEE 11:00-17:00
EVENING	EVENING CLIMBING 19:00-20:00	EVENING	EVENING PARTY 21:00-23:00	EVENING	EVENING DINNER 18:00-20:00	EVENING

4. Now allocate a subject (or two) to each study time. We recommend doing 30 minutes revision, taking a couple of minutes break, then doing 15-20 minutes consolidation (questions, quizzes etc) before taking a longer 5-10 min break and moving on to the next subject. If you have been through the previous sessions, you will know why we recommend this.

5. Be **specific** in what you are going to do - put 'French revolution' not just 'History' or 'Organic Chemistry' not just 'Chemistry'
6. Stick to the **time** you have allocated. If you need to spend more time, make a note of this or highlight the topic so you know to come back to it. Make sure what you have allocated to yourself is **realistic**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING SWIMMING 07:00-08:30 STUDY 09:00-11:30 Ck.7. Hall 110-153	MORNING STUDY 9:00-11:30 Ck.7. Hall 153-185	MORNING LECTURE 09:30-11:00	MORNING STUDY 8:30-10:00 Ck.8. Hall 216-245	MORNING FREE 08:00-10:00 STUDY 10:00-12:30 Ck.8. Hall 245-270	MORNING FREE	MORNING FREE
AFTERNOON STUDY GROUP 15:00-17:00 LECTURE 14:30-16:00	AFTERNOON STUDY 13:00-17:00 Ck.7. Hall 185-300	AFTERNOON STUDY 12:00-14:30 Ck.7. Hall 200-217 STUDY GROUP 15:00-17:00	AFTERNOON EXAM 12:00-13:30 FITNESS 14:00-15:30	AFTERNOON LECTURE 12:00-14:00 STUDY 15:30-17:00 Ck.8. Hall 270-285	AFTERNOON FREE	AFTERNOON MATINEE 15:00-17:00
EVENING FREE 19:00-23:00	EVENING CLIMBING 19:00-20:00	EVENING STUDY 18:30-19:30 Ck.7. Hall 217-238	EVENING PARTY 21:00-23:00	EVENING	EVENING DINNER 18:00-20:00	EVENING FREE

7. **Measure** what you have learnt by testing yourself after you have revised the material.

Further information can be found here

<https://www.theexamcoach.tv/the-blog/how-to-make-a-revision-timetable-that-works>