

SCIENCE AT HOME

Design an instruction and information leaflet for adults to explain how to mix an Oral Rehydration Solution (ORS) for children correctly in a natural disaster or an outbreak of disease. Show it to your parents or carers and ask them if they would be able to understand it and use it in an emergency or if they have ideas to improve it.

Use these two links to real leaflets to help if you want to:

<http://www.rehydrate.org/ors/pdf/ort-treat-at-home.pdf>

https://www.cdc.gov/cholera/pdf/posters/11_229310-J_ORIS_print.pdf

You could also include instructions for this recipe for home made ORS recommended by the World Health Organisation:

6 level teaspoons of sugar and 1/2 level teaspoon of salt dissolved in 1 litre of clean water. Be very careful to mix the correct amounts. Too much sugar can make the diarrhoea worse. Too much salt can be extremely harmful to the child) (Please don't make and taste this yourself unless your parents or carers are supervising you and have said that it is ok for you to do this).

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