**Study Skills: Lesson plan 1a - Setting up your study space**

|  |  |
| --- | --- |
| **Class:** | **Date:** |
| **Topic 1**Good habits for great learning | **Resources needed**Setting up study space [handout](http://www.abingdonsciencepartnership.org/wp-content/uploads/2020/05/Six-tips-for-study-space.pdf)Inner Drive ‘Messy desk’ video [vimeo link](https://vimeo.com/193688734)If you wish, there is a recording of this lesson [here](http://www.abingdonsciencepartnership.org/wp-content/uploads/2020/05/Setting-up-study-space.mp4) |

|  |  |
| --- | --- |
| **Pre- session activity** | **Learning Objectives**Recognise need to instill good habits and know what causes procrastination and how to avoid distractions. |

|  |
| --- |
| **Lesson Plan** |
| **Setting up a study space:**Look at Setting up study space handout. Discuss what is useful/ not useful. Discuss ‘multi-tasking’ is it a myth? What do students do when multi-tasking? How can they avoid it?**Managing distractions**Watch Inner Drive’s messy desk video. Jot down distractionsCompare lists**Recap:**Go back to handout - look at bottom box ‘things I need to manage’ and annotate with ideas on how to do this |
| **Follow–up activity and next steps**Student to look at home study space, make any necessary alterations. Take a before and after photo to share. |